

Detroit Lakes Community and Cultural Center Pool Schedule

August 3rd-9th, 2026

dlccc.org



August 2024																																																																																													
Time	Mon - Aug 3								Tues - Aug 4								Wed - Aug 5								Thur - Aug 6								Fri - Aug 7								Sat - Aug 8								Sun - Aug 9								Time																																				
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8																																					
6:00-7:00a	Lap Swim								Lap Swim				SwimFit (6-7:30a)				Lap Swim								Lap Swim				SwimFit (6-7:30a)				Lap Swim								Pool closed								Pool closed								6:00-7:00a																																				
7:00-8:00a																																									Lap - 18yrs and older only																7:00-8:00a																																				
8:00-8:30a									Lap Swim								Aqua In Motion								Lap				Lap Swim								Rockin' to the Oldies				Lap				Adult Swim		Lap Swim										8:00-8:30a																																				
8:30-9:00a	Silver Sneakers Splash								Lap				Silver Sneakers Splash																Lap				Silver Sneakers Splash																								Lap				Adult Swim		Lap Swim						8:30-9:00a																								
9:00-9:30a	Lap Swim								Open								Aqua Fusion				Lap Swim				Lap Swim								Open				Open								Lap												Open				9:00-9:30a																																
9:30-10:00a																																																																																					9:30-10:00a								
10:00-11:00a																																																																																									10:00-11:00a				
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12:00-12:30p																																																	12:00-12:30p																																												
12:30-2:00p																																																	12:30-2:00p																																												
2:00-4:00p																																																	2:00-4:15p																																												
4:00-5:00p	Open				Lap Swim				Open				Open				Lap Swim				Open				Open				Lap Swim				Open				Lap - 18yrs and older only								Lap - 18yrs and older only								4:15-5:00p																																								
5:00-5:30p																																																					5:30-6:30p	6:30-7:00p	7:00-8:00p	8:00-8:30p																																					
8:00-8:30p	Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only																								8:00-9:30p																																				

Leisure Pool - Zero Entry to slide area

Time	Mon - Aug 3	Tues - Aug 4	Wed - Aug 5	Thur - Aug 6	Fri - Aug 7	Sat - Aug 8	Sun - Aug 9	Time
6:00-7:00a	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Pool Closed	Pool Closed	6:00-7:00a
7:00a-7:30a						Adults Only		7:00a-7:30a
7:30-8:00a								7:30-8:30a
8:00-9:30a								8:30-9:30a
9:30-11:00a	Open	Open	Open	Open	Open	Open	Lap - 18yrs and older only	9:30-11:00a
11:00-11:30a							Open	11:00-11:30a
11:30a-12:00p								11:00a-12:00p
12:00-12:30p								12:00-12:30p
12:30-2:00p								12:30-2:00p
2:00-4:00p							2:00-4:00p	
4:00-4:30p						Adults Only	Lap - 18yrs and older only	4:00-5:00p
4:30-5:30p								5:00-5:30p
5:30-6:30p						Pool Closed	Pool Closed	5:30-6:30p
6:30-7:00p								6:30-7:00p
7:00-8:00p								7:00-8:00p
8:00-8:30p	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only			8:00-9:30p

Lap Swim:	These lanes are used for lap
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DL Community Center Pool Information

Pool Rules



1. All posted pool rules must be followed.
2. **Children 8 and younger must be actively supervised by an adult.**
3. A shower is required before entering the pool.
4. No running.
5. Glass is not allowed in the pool area.
6. Spitting or spouting is not allowed in the pool.
7. To swim in the deep end, you must be able to swim 1 length of the pool without stopping. Lifeguards have the right to test swimmers if they feel they do not meet this.
8. Diving is only allowed in the deep end of the pool.
9. Kick boards are not allowed to be used by anyone other than lap swimmers & class participants.
10. Cut off jean or other frayed shorts are not allowed in the pool.
11. Swim diapers are required for any pool patron who is not potty trained per the State Health Department.
12. No water wings or other blow up inflatable devices allowed in any of the pool area.
13. **Coast Guard approved life jackets are allowed as long as parent is within arms' reach of the child in the pool.**

Spa Rules

1. All posted spa rules must be followed.
2. No children under the age of 4 are allowed in the spa.
3. Time limited to 15 minutes at a time.
4. Pregnant women should not use the spa.
5. No swimming, floating or submerging of the head is allowed in the spa.
6. No pool toys are allowed in the spa.
7. "Sharing of seat space" is not allowed in the spa.

Waterslide Rules

1. All posted waterslide rules must be followed.
2. The waterslide is a single rider slide; you can not start at the top of the slide before the person has exited the bottom of the slide.
3. Sliders must exit the slide feet first.
4. No extra swimming or lingering is allowed in the slide landing area.
5. Sliders must know how to swim.
6. Sliders must be at least 42 inches tall to ride the slide; the front desk or lifeguards will help check this height.
7. Individuals jeopardizing the safety of themselves or another slider will lose slide privileges.
8. **No lifejackets** allowed on slide

Diving Board Rules

1. All posted diving board rules must be followed.
2. Single bounce only allowed on the diving board.
3. Forward dives, jumps, pencil dives, 1 somersault, cannon balls and belly flops allowed on the board.
4. No back dives, reverse dives or 1 ½ somersaults allowed on the board unless diver is accompanied by an approved coach.

Pool Facts

25 yds x 8 lanes

Deepest point is 12.0 ft

Pool length is 25 yds; a mile swim is 70 lengths

Aquatics Department Contact Information

Sallie Eikren, Aquatic Director/Wellness Coordinator

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