

Detroit Lakes Community and Cultural Center Pool Schedule

May 18th- 24th, 2026

dlccc.org



Time	Mon - May 18								Tues - May 19								Wed - May 20								Thur - May 21								Fri - May 22								Sat - May 23								Sun - May 24								Time
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	
6:00-7:00a	Lap Swim								Lap Swim	SwimFit (6-7:30a)							Lap Swim								Lap Swim	SwimFit (6-7:30a)							Lap Swim								Pool closed			6:00-7:00a													
7:00-8:00a	Lap Swim								Lap Swim								Lap Swim								Lap Swim								Lap - 18yrs and older only											7:00-8:00a													
8:00-8:30a	Lap Swim								Lap Swim								Water In Motion				Lap				Lap Swim								Rockin' to the Oldies				Lap				Adult Swim	Lap Swim							8:00-8:30a								
8:30-9:00a	Silver Sneakers Splash				Lap				Silver Sneakers Splash				Lap				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Adult Swim	Lap Swim							8:30-9:00a																
9:00-9:30a	Silver Sneakers Splash				Lap				Silver Sneakers Splash				Lap				Adult Swim	Lap Swim				Silver Sneakers Splash				Lap				Adult Swim	Lap Swim							9:00-9:30a																			
9:30-10:00a	Open				Lap Swim				Lap								Lap Swim				Lap Swim				Lap Swim				Lap Swim				Open	Lap Swim							9:30-10:00a																
10:00-11:00a	Open				Lap Swim				Lap								Lap Swim				Lap Swim				Lap Swim				Lap Swim				Open	Lap Swim							10:00-11:00a																
11:00-11:30a	Open	Lap	Open						Lap								Lap Swim				Lap Swim				Lap Swim				Open	Lap Swim	Open				11:00-11:30a																						
11:30-12:00p	Open	Lap	Open						Lap								Lap Swim				Lap Swim				Lap Swim				Open	Lap Swim	Open				11:30-12:00p																						
12:00-12:30p	Open	Lap	Open						Open	Lap	Open						Open	Lap	Open						Open	Lap	Open						Open	Lap Swim	Open				12:00-12:30p																		
12:30-2:00p	Open	Lap	Open						Open	Lap	Open						Open	Lap	Open						Open	Lap	Open						Open	Lap Swim	Open				12:30-2:00p																		
2:00-4:00p	Lap -18 yrs and older only (2-4p)								Lap -18 yrs and older only (2-4p)								Lap -18 yrs and older only (2-4p)								Lap -18 yrs and older only (2-4p)								Lap -18 yrs and older only (2-4p)								Lap -18 yrs and older only (2-4p)											2:00-4:15p					
4:00-5:00p	Sunfish 4p-6p		Lap	Open						Sunfish 4p-6p		Lap	Open						Sunfish 4p-6p		Lap	Open						Open	Lap	Open						Lap - 18yrs and older only								Lap - 18yrs and older only											4:15-5:00p		
5:00-5:30p	Sunfish 4p-6p		Lap	Open						Sunfish 4p-6p		Lap	Open						Sunfish 4p-6p		Lap	Open						Open	Lap	Open						Lap - 18yrs and older only								Lap - 18yrs and older only											5:00-5:30p		
5:30-6:30p	Open	Lap Swim	Open						Open	Lap Swim	Open						Deep Water (6-6:45p)				Lap Swim				Open	Lap Swim	Open						Pool closed								Pool Closed											5:30-6:30p					
6:30-7:00p	Open	Lap Swim	Open						Open	Lap Swim	Open						Deep Water (6-6:45p)				Lap Swim				Open	Lap Swim	Open						Pool closed								Pool Closed											6:30-7:00p					
7:00-8:00p	Open	Lap Swim	Open						Open	Lap Swim	Open						Deep Water (6-6:45p)				Lap Swim				Open	Lap Swim	Open						Pool closed								Pool Closed											7:00-8:00p					
8:00-9:30p	Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only								Lap -18 yrs and older only											8:00-9:30p					

Leisure Pool - Zero Entry to slide area

Time	Mon - May 18	Tues - May 19	Wed - May 20	Thur - May 21	Fri - May 22	Sat - May 23	Sun - May 24	Time		
6:00-7:00a	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Pool Closed		6:00-7:00a		
7:00a-7:30a						Adults Only		Pool Closed	7:00a-7:30a	
7:30-8:00a						Adults Only			7:30-8:30a	
8:00-9:30a						Adults Only			8:30-9:30a	
9:30-11:00a	Open 9:30a-2p	Open 9:30a-2p	Open 9:30a-2p	Open 9:30a-2p	Open	Lap - 18yrs and older only		9:30-11:00a		
11:00-11:30a						Open		Open	11:00a-12:00p	
11:30a-12:00p						Open			12:00-12:30p	
12:00-12:30p						Open		Open	12:30-2:00p	
12:30-2:00p						Open			2:00-4:00p	
2:00-4:00p						Open			4:00-5:00p	
4:00-4:30p	Open	Open	Open	Open	Open	Adults Only		4:00-5:00p		
4:30-5:30p						Lap - 18yrs and older only		5:00-5:30p		
5:30-6:30p						Open		Pool Closed	Pool Closed	5:30-6:30p
6:30-7:00p						Open				6:30-7:00p
7:00-8:00p	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Pool Closed		7:00-8:00p		
8:00-9:30p						Adults Only		8:00-9:30p		

Lap Swim:	These lanes are used for lap swimming only during selected times. * Reservations are suggested during these times.
Open:	Areas are for open swim time, if there are swim lessons or fitness classes going on then the slide and diving board will be closed.
Adults Only:	Adult only swim time; if there is no lifeguard on duty adult must sign waiver at the front desk before entering the pool area.
Swim Lessons:	During swim lesson time slots there is NO Open Swim.
Fitness Classes:	During fitness classes there is Open Swim in leisure pool, but the waterslide and/or diving board will remain closed until class has ended.

Guarded Pool Hours	
Mon: 6a-2p, 4p-8p; Tues: 6a-2p, 4p-8p; Wed: 6-2p, 4-8p; Thur: 6a-2p, 4-8p Fri: 6a-2p, 4-8p Sat: 7:30a-5p Sun: 11a-5p	
18yrs+ allowed during unguarded hours ; Pool is not open for 24/7 access	

Pool Schedule is subject to change
 Please see reverse side for pool rules and guidelines



DL Community Center Pool Information

Pool Rules

1. All posted pool rules must be followed.
2. **Children 8 and younger must be actively supervised by an adult.**
3. A shower is required before entering the pool.
4. No running.
5. Glass is not allowed in the pool area.
6. Spitting or spouting is not allowed in the pool.
7. To swim in the deep end, you must be able to swim 1 length of the pool without stopping. Lifeguards have the right to test swimmers if they feel they do not meet this
8. Diving is only allowed in the deep end of the pool.
9. Kick boards are not allowed to be used by anyone other than lap swimmers & class participants.
10. Cut off jean or other frayed shorts are not allowed in the pool.
11. Swim diapers are required for any pool patron who is not potty trained per the State Health Department.
12. No water wings or other blow up inflatable devices allowed in any of the pool area.
13. **Coast Guard approved life jackets are allowed as long as parent is within arms' reach of the child in the pool.**

Spa Rules

1. All posted spa rules must be followed.
2. No children under the age of 4 are allowed in the spa.
3. Time limited to 15 minutes at a time.
4. Pregnant women should not use the spa.
5. No swimming, floating or submerging of the head is allowed in the spa.
6. No pool toys are allowed in the spa.
7. "Sharing of seat space" is not allowed in the spa.

Waterslide Rules

1. All posted waterslide rules must be followed.
2. The waterslide is a single rider slide; you can not start at the top of the slide before the person has exited the bottom of the slide.
3. Sliders must exit the slide feet first.
4. No extra swimming or lingering is allowed in the slide landing area.
5. Sliders must know how to swim.
6. Sliders must be at least 42 inches tall to ride the slide; the front desk or lifeguards will help check this height.
7. Individuals jeopardizing the safety of themselves or another slider will lose slide privileges.
8. **No lifejackets** allowed on slide

Diving Board Rules

1. All posted diving board rules must be followed.
2. Single bounce only allowed on the diving board.
3. Forward dives, jumps, pencil dives, 1 somersault, cannon balls and belly flops allowed on the board.
4. No back dives, reverse dives or 1 ½ somersaults allowed on the board unless diver is accompanied by an approved coach.

Pool Facts

25 yds x 8 lanes

Deepest point is 12.0 ft

Pool length is 25 yds; a mile swim is 70 lengths

Aquatics Department Contact Information

Sallie Eikren, Aquatic Director/Wellness Coordinator

218.844.4571 sallie@dlccc.org