

**SATURDAY  
MAY 2nd**



**THE BEST SONGS FROM THE LAST 20 YEARS**

The Fabulous Armadillos started in May of 2006! This is our 20th year together...and we've played 100's and 100's of songs in those 20 years.

We have kept track of the many **GREAT** moments in our history and will be bringing you many of those in our **CELEBRATION of 20 YEARS** of **FABULOUS ARMADILLOS**. Thank you for bringing us into your lives, it has been an amazing **TWO DECADES**, and we are honored to relive some of these songs and moments with you in a **CELEBRATION of 20 YEARS!**

Adults \$37 • Students \$18

**HISTORIC HOLMES**  
THEATRE

DLCCC.org • 218-844-7469



**Street Faire  
AT THE LAKES**

DLStreetFaire.com



**Friday & Saturday, May 29 & 30**

*Downtown Detroit Lakes!*

**Tuesdays  
in the Park**

*Live Music Every  
Tuesday Night!*

June 2 - August 25  
6:00pm  
DL City Park Bandshell  
Schedule at DLCCC.org



**TRUCKS & TUNES**

www.project412mn.org    www.musicinDL.com

**Most Thursdays this Summer!**  
5 - 8pm • DETROIT LAKES CITY PARK

Bring your favorite lawn chair or blanket!  
Grab a bite & a brew! Food trucks & beer garden on-site.

Details at [Project412mn.org/Trucks-Tunes](http://Project412mn.org/Trucks-Tunes)



**Minnesota  
Twins Game!**

**Thursday, July 9**

Join us on a fun-filled trip to see Twins take on the Cleveland Guardians!

Sign Up by June 26!

**TWINS vs GUARDIANS**

**EARLY BIRD PRICING! (after May 8)**

DLCCC Members: \$120 | DLCCC Members: \$150  
Non-Members: \$150 | Non-Members: \$180

call: 218-844-4221 to register

DLCCC

Registration Opens May 12!

Lake Agassiz Regional Library presents

**Barn Quilt  
Painting Workshop**

featuring **Mary Jo Schmid**  
from Crooked Lane Farm Folk School

Registration is required for this free workshop. Register by scanning the QR code below.

**2026 Spring Series**

**Detroit Lakes Public Library**  
Saturday, June 6 from 10 a.m. - 1 p.m.



This program is offered free-of-charge thanks to funding from the Minnesota Arts & Cultural Heritage Fund.

Lake Agassiz Regional Library



**LIFE'S BETTER** when you **ENGAGE**

# May 2026

May is shaping up to be an exciting month, filled with opportunities to learn, connect, and have fun together!

We're bringing in some fantastic speakers, covering a variety of important and engaging topics. Join us as we explore **The Truth About Cannabis**, discover ways of **Healing from the Inside Out**, and gain valuable insights during **Insurance 101 for Adults 55+**. For those who love literature and history, don't miss our special **Gone with the Wind** book, movie, and history discussion.

Creativity is in full bloom this month with two hands-on classes: **Magnet Diamond Art** and **Spring Watercolor Greeting Cards**. Whether you're a seasoned artist or just looking to try something new, these are sure to be a great time.

We're also excited to host our 2nd Annual **Hand & Foot Singles Tournament!** Be sure to sign up early, as it takes place at the beginning of the month! In addition, we'll gather for a **spring-themed potluck** followed by the always popular **Card Dump**, a favorite among many of you.

**Office Hours:**

Many events offered through Engage take me off-site. Feel free to shoot me an email ([teri@dlccc.org](mailto:teri@dlccc.org)) or call my personal cell **701-351-0242** if you have questions during the day or about events!




I am available **Monday - Friday**  
from **8:30am-5:00pm**

As the weather warms up, our outdoor activities return! Join us for **weekly walks** and **bike rides** as we enjoy the fresh air and each other's company.

Be sure to check out details for the **Celebrate Aging Expo** at the Holiday Inn. You won't want to miss this wonderful event. And to top it all off, we invite you to enjoy the **3rd Annual Senior Strummer Recital**, showcasing talent from our amazing community.

This month truly offers something for everyone, old favorites and exciting new experiences alike. Pick and choose what speaks to you, and make the most of all that May has to offer!

♥ ♥ ♥ **Teri Holehouse**

 **(218) 844 4591**     [teri@dlccc.org](mailto:teri@dlccc.org)     [dlccc.org/engage](http://dlccc.org/engage)

# Engage in Being Active

All participants in fitness classes must either have an **active membership** or purchase a **day pass**. Day passes can be easily obtained at the DLCCC front desk prior to class.

## Group Walk @ Oak Grove

**Mondays @ 8:30am**

Meet us at Oak Grove for a refreshing outdoor group walk—perfect for enjoying nature and good company before C & C!

**\*Sign in\*** on-site if you participated.

## Group Bike Ride

**Wednesdays @ 9:00am**

Meet at the DLCCC front desk for a 90-minute, **intermediate-level** bike ride led by Teri. Expect 15–20 miles of heart-pumping fun for your legs and lungs!

Classes begin **Wednesday, May 20**

**\*Sign Up\*** on the **DLCCC website** under **classes**

## Silver Sneakers Balance

**Wednesdays @ 9:30am**

This class is designed to enhance balance, core strength, and joint stability. Participants will practice controlled movements that challenge coordination and improve reaction time.

**\*Sign Up\*** on the **DLCCC website** under **classes**

## Silver Sneakers Chair Yoga

**Mondays & Fridays @ 11:10am**

This fun and energizing chair yoga class is designed to improve flexibility, strength, and balance—all while sitting comfortably in your chair. Come relax, stretch, and enjoy the benefits of yoga without having to get on the floor!

**\*Sign Up\*** on the **DLCCC website** under **classes**

## S.E.A.T Class

**Tuesdays @ 10:30am**

### Supported Exercise for Ageless Training

A brand-new, chair-based fitness program featuring fun, performed choreography for a total-body, low-impact workout. Designed for all ability levels, this class builds strength, balance, flexibility, and mental focus through functional movement and social connection.

**\*Sign Up\*** on the **DLCCC website** under **classes**

## Silver Sneakers Classic

**Thursdays @ 10:30am**

Have fun and move to the music with exercises that improve strength, flexibility, balance, and coordination. This class uses hand-held weights, elastic tubing, and a chair to support a safe, effective workout for everyday living.

**\*Sign Up\*** on the **DLCCC website** under **classes**

## Swim Aerobics

**Rockin' to the Oldies**

**Fridays - 8:00am**

Meet at the DLCCC pool for this fun fitness class! Great for all levels of active adults! We will work all muscle groups, but also be easy on our joints working out in the water.

**\*Sign Up\*** on the **DLCCC website** under **classes**



# Julie's Corner

## Sun Safety and Protection

This is my favorite time of year! I am a true summer gal, and in years past, I will admit, I've worshipped the sun. There's just something about longer days, warm breezes, and time spent outdoors that fills the soul. As the days get brighter and we spend more time outside playing, boating, gardening, walking, and soaking up all that beautiful sunshine, it's important to remember that **sun safety** isn't just about avoiding a burn, it is about **protecting your skin** for the long term. Healthy skin helps us stay active, comfortable, and confident at any age! I apply sunscreen to my face every day, even in the winter. It's in my moisturizer and makeup.

## Why Sun Safety Matters

Too much **sun exposure** can lead to premature aging wrinkles and sunspots, dry irritated skin, and the big one, the increased risk of skin cancer.

Your daily routine: Use a broad-spectrum **SPF 30+** every day. Apply **15-30 min** before going outside and reapply every **2 hours** if you remain outdoors.

Cover up with **protective clothing**, hat, and sunglasses. **Seek shade** when rays are at their strongest, between 10 am and 4 pm. **Hydrate** often by drinking water.

After- sun care: If you get too much sun, use **aloe vera** or a soothing lotion. **Cool showers** can calm the skin.

## Light and Easy Angel Food Pineapple Cake

|                                      |   |  |  |                     |
|--------------------------------------|---|--|--|---------------------|
| 1 box angel food cake mix. (1- step) | 1 can (20 oz) crushed pineapple (undrained) | 1 small box Sugar Free Vanilla Pudding ( I like Lemon) | 1 container Sugar Free Whipped Topping | Sliced Strawberries |
|--------------------------------------|---|--|--|---------------------|

Preheat the oven to 350°F (175°C) and grease a tube pan. In a large mixing bowl, gently stir together the angel food cake mix and crushed pineapple until well blended. Pour the batter into the prepared tube pan, spreading it evenly.

Bake the cake in the preheated oven for 35-40 minutes or until the top is golden brown and the cake springs back when touched. Remove the cake from the oven and invert the pan onto a cooling rack. Allow the cake to cool completely.

Combine the Vanilla pudding and the whipped Topping together. When serving sliced cake, add a dollop of whipped topping/pudding mixture to the slice of cake and add some strawberries on top.



Julie  
Reznecheck



(218) 844 4595



julier@dlccc.org

# Engage in More

## TOUR: Woodfire Pizza Tuesday, May 12 @ 12:30pm

Get ready for a fun behind-the-scenes tour of the new brick-and-mortar **Woodfire Pizza** in Detroit Lakes! We'll explore how they began with a food truck and grew into a full restaurant. We'll tour the new space, hear their story, and learn about their menu and catering options. They offer both **traditional** and **unique pizza toppings**, giving plenty of delicious variety to try!

Your \$5 cover fee includes **samples of two different pizza slices** so you can experience their signature flavors.

**Space is limited to 20 participants.**

**\*Sign Up\*** at the **Front Desk**  
**\$5** fee to cover food samples



## May Give-Back Friday, May 29 & Saturday, May 30

Engage is volunteering at the **Info Booth** at the **Street Faire**, and we'd love your help! It's a laid-back, seated role. Hand out maps, answer questions, and enjoy the day.

Sign up for a 2 hour shift with a friend!

### Friday May 29th shifts:      Saturday, May 30th shifts:

- |                  |                  |
|------------------|------------------|
| • 9:30am-11:30am | • 9:30am-11:30am |
| • 11:30am-1:30pm | • 11:30am-1:30pm |
| • 1:30pm-3:30pm  | • 1:30pm-3:30pm  |
| • 3:30pm-5:30pm  | • 3:30pm-5:30pm  |
| • 5:30pm-7:30pm  |                  |

**\*Sign Up\*** at the **Engage Table**

## 3rd Annual Senior Strummer Recital Thursday, May 21 @ 2:00pm

Come celebrate the hard work and dedication of our **Senior Strummers** at their **3rd Annual Guitar Recital!** Spend an afternoon enjoying great music while supporting these incredible musicians and recognizing the progress they've achieved over the past year. Light refreshments will be provided.

**\*Sign Up\*** at the **Engage Table**      **Free Will Donations Appreciated**

**Saint Luke's  
Episcopal Church**

1400 Corbet Rd,  
Detroit Lakes, MN

## Senior Strummers Guitar Lessons \* Every Thursday \*

It's never too late to learn something new—like how to play guitar! The Senior Strummers program continues to grow and are now holding classes off-site. Times based on skill level. Lessons are free, with just a small membership fee.

Come strum along with us—we'd love to have you! 🎸

- **Class 1 - 9:00 am**
- **Class 2 - 10:00 am**
- **Class 3 - 11:30 am**
- **Class 4 - 1:15 pm**

Want more information on class placement?  
Reach out to Jerry today!  
[seniorstrummers@yahoo.com](mailto:seniorstrummers@yahoo.com)  
218-849-2041

## Songwriter's Guild Second Thursday @ 2:30pm

Love writing songs?

This group is a great place to share your original music & receive creative feedback from fellow songwriters.

For meeting location contact Jerry Short.

Contact Jerry Short  
for more information:  
[seniorstrummers@yahoo.com](mailto:seniorstrummers@yahoo.com)  
218-849-2041

# Engage in Learning

## Understanding Cannabis: Health & Safety for Older Adults

Speaker: James McCoy - Tobacco Prevention/Positive Community Norms Coordinator

**Monday, May 4 @ 12:30pm**

Get a clear, practical overview of how **cannabis** affects health and safety, especially as we age. Learn how today's products differ from the past, how cannabis impacts the brain and body, and what to watch for. Our goal is to equip you with straightforward information to make informed, confident choices.

### Topics to be Discussed:

- Stronger products and new forms (edibles, vapes)
- Effects on memory, reaction time, and fall risk
- Medication interactions
- Dosing, delayed effects, and overuse
- Signs of concerning use

**\*Sign Up\*** at the **Engage Table**

## Healing from the Inside Out

Speakers: Kate Busker & Tabettha Gravelle

**Tuesday, May 5 @ 10:00am**

This wellness-focused event is designed to help you better understand how your daily habits and targeted support can impact **energy levels, digestion, leaky gut, and overall vitality.** We'll explore what may be happening beneath the surface so you can make informed choices to support your body and feel your best!

Enjoy an interactive session, dedicated Q&A time, and complimentary samples!

**\*Sign Up\*** at the **Engage Table**

## Insurance 101 for 55+

Speaker: Nick Christianson

**Thursday, May 21 @ 10:00am**

State Farm Agent, Nick Christianson will share information on his **defensive driving course** for adults 55+, cover **essential insurance basics**, and provide an **introduction to Medicare.** The session will conclude with an interactive Q&A to help deepen understanding and provide clarity. This is a great opportunity to stay informed, ask questions, and make confident decisions about your coverage and safety.

**\*Sign Up\*** at the **Engage Table**



## Gone With the Wind

Speaker: Steve Carlson

**Thursday, May 28 @ 10:00am**



In this presentation, Steve Carlson will discuss the author **Margaret Mitchell**, the **novel** itself, and the 1939 Academy Award winning **film.** He will begin by describing the distinct way of life in the **Old South**, and the institution of slavery; two prevailing themes throughout the book and the movie.

**\*Sign Up\*** at the **Engage Table**

# Member Spotlight

## Cheryl Hedlund

Cheryl Hedlund grew up in the Twin Cities area of Minnesota, where her love for the beauty of all four seasons first began. At age 12, her family spent a year in San Jose, California, but the pull of home brought them back to Minnesota. Cheryl graduated from Spring Lake Park High School in 1974.

Shortly before beginning her education to become a registered nurse, Cheryl met the love of her life, Steve. The two married just one year after her graduation, and this month they celebrate an incredible 47 years together! They raised three children, Jenny, Brian, and Laura, and Cheryl built a meaningful career as a nurse that spanned 35 years. Driven by a desire to grow and lead, she returned to college during that time to earn her Master's degree, which opened doors for her to work in nursing management, underwriting, and claims care.

In 1998, Cheryl and Steve began a new chapter when they purchased End of the Road Resort on Upper Cormorant Lake near Detroit Lakes. The resort has been a special part of their lives for decades, and as they prepare to sell it this year, Cheryl looks forward with excitement to the adventures that retirement will bring.

Cheryl has a deep appreciation for community, which is one of the reasons she loves being part of Engage. She especially enjoys the warmth and connection of Monday mornings and is continually inspired by the wide variety of activities offered. With retirement on the horizon, she's excited to dive in and experience even more!

An avid outdoors enthusiast, Cheryl has a passion for fishing and fond memories of water skiing. She absolutely loves traveling, especially road trips, and has explored places like Niagara Falls, the Smoky Mountains, Southern Utah, and Florida, often by conversion van. One of her favorite lifelong talents is playing the accordion; she even competed at the national level in California at just 12 years old! She hopes to pick it up again.

Her favorite trip so far? Southwest Utah, where she and Steve hiked at least eight miles a day while exploring all the stunning national parks. Looking ahead, Cheryl's bucket list includes more road trips to places like Acadia National Park and the Grand Tetons, as well as international destinations such as Iceland and the Netherlands.

When it comes to food, Cheryl loves seafood, especially lobster and scallops, and counts Spanky's as a favorite local spot.

Cheryl is someone who values time and respect, living by the motto: "Early is on time, on time is late, and late is unacceptable." The best advice she's ever received, and continues to live out, is simple: serve others, and always pay forward the lessons you've learned to bless those around you!



# Engage in Playing Games

## YOU ARE ALWAYS WELCOME

You are encouraged to grab a friend and use the HAC!  
Play games, do puzzles, enjoy your lunch, or grab a book and read!

### Hand & Foot - Mondays @ 10:15am

This fast-paced and team oriented game is always a huge hit! Stick around after C&C in the HAC to learn and play!

### Mahjong - Thursdays @ 1:00pm

Come down to the HAC on Thursday afternoons to play. The DLCCC has quite a few Mahjong sets, so all you do is show up and play!

**Sign up** for lessons at the **front desk**. For \$10, you will receive two lessons so you can join in weekly games!

*\*There needs to be a minimum of 4 prospective learners for lessons to be scheduled\**

### Hand & Foot SINGLES TOURNAMENT Thursday, May 7 9:15am - 12:30pm

Engage is hosting its 2nd annual **Hand & Foot Singles Tournament!** Play four rounds, with scores tracked throughout the competition. The highest score will be crowned our Hand & Foot Singles Tournament Champion! 🏆

No limit of participants as this is individual play, so sign up today! **MUST pre-register**

#### Details:

- **Date:** Thursday, May 7
- **Time:** 9:30 AM – 12:00 PM
- **Deadline to Register:** Friday, May 1

### BINGO - Wednesdays @ 12:00pm

We use our cool screen to project the numbers, making it easy and fun for everyone. With several prizes up for grabs, you could be one of our lucky winners!

*Bingo will be played as part of the Aging Expo at the Holiday Inn on Wednesday, May 13.*

**Cost is \$1/card** for an hour of play!

### CARD DUMP

**Tuesday, May 26 @ 12:00pm**

Come try *Card Dump*, our fan-favorite large-group game!

To play, bring **9 quarters** and a **\$1 bill**. Each round features a pot for the winner, so the excitement builds as you play through each round to see who comes out on top. Win or lose, you're sure to enjoy an afternoon filled with good fun!

**\*Sign Up\*** at the **Engage Table**

### Samba - Wednesdays @ 1:15pm

This game has been described as Hand & Foot on steroids!

*Samba will be held at 1:30pm on the week of Birthday Lunch.*

### Swoop Thursdays @ 11:30am

Stop by the HAC to learn this easy, fun and interactive game—it's a great way to connect with others.

# Engage in Having Fun!

## Early Bird Dinner

Wednesday, May 20 @ 4:45

Come eat a tasty meal with your friends!  
Questions? Contact: **Dee Cahlin @ 218-790-6251**



Bring \$1 and enter our raffle for a chance to get money off your meal!

158 W Main St.  
Vergas, MN

**\*Sign Up\*** at the **Engage Table**

## May Birthday Lunch

Wednesday, May 6 @ 11:00am

Enjoy a delicious meal with friends at



445 Main St.  
Audubon, MN

Come join us to celebrate *May* birthdays!

**\*Sign Up\*** at the **Engage Table**

# Engage in Being Social

## Coffee & Conversation (C&C)

Mondays - 9:30am - 10:15am

*The best way to start the week!*

Drop by Monday mornings at HAC for coffee, treats, and the latest updates on upcoming events.

Curious of what Engage is up to throughout the week? Come and hear the **weekly announcements!**

**\*Sign in\*** at the HAC if you participate

## Wood Carving

Tuesdays - 12:30pm

The DLCCC wood carvers continue to meet in the HAC every Tuesday at 12:30pm. Join in any week to work alongside other talented carvers. This is a great social opportunity, especially if you're looking for others to share a creative insight!

**\*Sign in\*** at the HAC if you participate

## Book Club

The last **\*Monday\*** of the month

We meet at the **HAC** reading nook.

This month, we will be reading *The Measure* by Nikki Erlick. This novel where every adult receives a box revealing how long they'll live, reshaping how people approach life, relationships, and the future. It follows eight interconnected characters as they grapple with destiny, choice, and what it means to truly live knowing their time is limited.



Looking Ahead:

**June 29:** *Extraordinary Life of Sam Hell*  
By: Robert Dugoni

**\*Sign-in\*** in at the HAC in you participate

## "May Flowers" Diamond Art Magnets

Tuesday, May 12 @ 10:00am

Celebrate the season with a creative and relaxing hands-on activity! Participants will create **two sparkling diamond art spring flower magnets** to brighten up any fridge or workspace. No experience is needed! This project is **beginner-friendly** and fun for all skill levels. **All materials will be provided**, so just bring yourself and enjoy some creative time together.



**\*Sign Up\*** at the **Front Desk**

DLCCC Members \$6 Non-Members \$10

**Limit 15 Participants**



## 12 o'clock Trivia Time

Monday, May 11 @ 12:00pm

Come play an hour of trivia!  
Multiple-choice questions and plenty of cheerful prizes!

This month features four fun rounds:

1. May Facts & History 📖
2. Famous T.V. Moms 📺
3. Fun & Games 🎲
4. Name that Commerical Jingle 🎵

**\*Sign Up\*** at the **Engage Table**  
or sign in if you participate.

**\$1 for an hour of trivia!**

## Spring Watercolor Cards

Artist: Maggie Peterson

Tuesday, May 19 @ 10:00am

Enjoy some fresh, seasonal creativity in this Spring Watercolor Cards class at the Holmes **Art Studio!** Create **three beautiful cards** while following step-by-step guidance from our teaching artist, Maggie, as she introduces a variety of **watercolor techniques** to bring each design to life. All materials are provided, just bring your spring spirit & creativity!

**\*Sign Up\*** at the **Front Desk**

DLCCC Members \$6 Non-Members \$10



## Spring Potluck

Tuesday, May 26 @ 11:00am



Celebrate the season with friends at our **Spring-Themed Potluck!** Bring your favorite dish inspired by the fresh flavors of spring, think bright salads, garden-fresh sides, sweet treats, or family favorites, and enjoy a relaxed time of good food and great company. Stick around after the food to play our fan-favorite large-group game, **Card Dump.**

We can't wait to gather, celebrate, and welcome spring with you!

**\*Sign Up\*** at the **Engage Table**



## Celebrating Aging Expo

Holiday Inn Detroit Lakes

Wednesday, May 13 @ 9:00 am - 1:00 pm

**Presented By:**



**Essentia Health**

Explore everything the **Expo** has to offer! With **40+ vendors**, you can connect with experts in wellness, financial planning, housing, and more! Enjoy complimentary coffee, treats, and samples as you browse, plus free blood pressure checks throughout the event.

Arrive early for a free tote bag (*while supplies last*). You might even score a special **golden ticket!** Stick around for door prizes and interactive fun in the bar area, including gardening sessions and hands-on crafts. Don't miss **free bingo at noon** for a chance to relax and win big!

**Please note:** *Engage Bingo* will be canceled this day—we'll see you at the Expo instead!

# May 2026



Please note that some activities require pre-registration or a fee. Check the newsletter for more information.

| MON   | TUES   | WED  | THURS   | FRI  |
|---|--|--|---|--|
|   |  |  |   | <b>1</b> 8:00 Swim Aerobics<br>Rockin' to the Oldies<br>11:10 Chair Yoga<br>Fitness Studio<br>7:30 Fabulous Armadillos<br>Historic Holmes Theatre<br><hr/> Hand & Foot Tournament Sign-Up Deadline |
| <b>4</b> 8:30 Walk at Oak Grove<br>9:30 Coffee & Conversation (C&C)<br>Guest: Noah Grossman - Handyman<br>10:15 Hand & Foot Card Game<br>12:30 The Truth about Cannabis<br>Speaker: Jason McCoy<br>1:00 - 2:00 Free Tech Help<br>Detroit Lakes Public Library | <b>5</b> 10:00 Healing from the Inside Out<br>Speakers: Kate Busker & Tabettha Gravelle<br>12:00 - 1:00 Garden Talks<br>Detroit Lakes Public Library<br>12:30 Wood Carving | <b>6</b> 9:00 Coffee & Crafts<br>Young At Art Studio<br>11:00 Birthday Lunch<br>Al's Bar & Grill<br>12:30 BINGO in the HAC<br>1:30 Samba Card Game         | <b>7</b> 9:15 - 12:30<br>Hand & Foot Singles Tournament<br>11:30 Swoop<br>1:00 Mahjong Tile Game<br>Guitar Lessons                            | <b>8</b> 8:00 Swim Aerobics<br>Rockin' to the Oldies<br>11:10 Chair Yoga<br>Fitness Studio<br><hr/> Early Bird Pricing Ends for TWINS GAME   |
| <b>11</b> 8:30 Walk at Oak Grove<br>9:30 Coffee & Conversation (C&C)<br>Guest: Krista Paul - Grandparents Program<br>10:15 Hand & Foot Card Game<br>12:00 Trivia Time   | <b>12</b> 10:00 May Flower Magnets<br>Diamond Art<br>12:30 TOUR: Woodfire Pizza<br>12:30 Wood Carving<br><hr/> D.L. Library "Barn Quilt Painting" Registration Opens       | <b>13</b> 9:00 Celebrate Aging Expo<br>Holiday Inn<br>Bingo @ the Expo<br>1:15 Samba Card Game<br>6:00 - 7:00 Author Visit<br>Detroit Lakes Public Library | <b>14</b> 11:30 Swoop<br>1:00 Mahjong Tile Game<br>Guitar Lessons & Songwriters' Guild  | <b>15</b> 8:00 Swim Aerobics<br>Rockin' to the Oldies<br>11:10 Chair Yoga<br>Fitness Studio<br>1:00 - 2:00 Game Social<br>Detroit Lakes Public Library   |
| <b>18</b> 8:30 Walk at Oak Grove<br>9:30 Coffee & Conversation (C&C)<br>Come and Hear the Weekly Announcements!<br>10:15 Hand & Foot Card Game  | <b>19</b> 10:00 Spring Watercolor Cards<br>Artist: Maggie Peterson<br>12:30 Wood Carving   | <b>20</b> 9:00 Group Bike Ride<br>12:00 BINGO in the HAC<br>1:15 Samba Card Game<br>4:45 Early Bird Dinner<br>Billy's Corner Bar & Grill                   | <b>21</b> 10:00 Insurance 101 for 55+<br>Speaker: Nick Christenson<br>11:30 Swoop<br>1:00 Mahjong Tile Game<br>2:00 Senior Strummer Recital 🎵 | <b>22</b> 8:00 Swim Aerobics<br>Rockin' to the Oldies<br>11:10 Chair Yoga<br>Fitness Studio<br>1:00 - 2:00 Drop-In Hobby Event<br>Detroit Lakes Public Library                                     |
| <b>25</b> 8:30 Walk at Oak Grove<br>9:30 Coffee & Conversation (C&C)<br>Come and Hear the Weekly Announcements!<br>10:15 Hand & Foot Card Game<br>1:00 Book Club  | <b>26</b> 11:00 Spring Potluck<br>12:00 Card Dump<br>12:30 Wood Carving  | <b>27</b> 9:00 Group Bike Ride<br>12:00 BINGO in the HAC<br>1:15 Samba Card Game   | <b>28</b> 10:00 Gone With the Wind<br>Speaker: Steve Carlson<br>11:30 Swoop<br>1:00 Mahjong Tile Game<br>Guitar Lessons                       | <b>29</b> 8:00 Swim Aerobics<br>Rockin' to the Oldies<br>11:10 Chair Yoga<br>Fitness Studio<br>Street Faire at the Lakes -- -- ><br>Fri. May 29 & Sat. May 30                                      |

**Event Code:**

- Holmes Art Cellar
- Off-Site Activity
- DLCCC / Theatre/Museum
- D. L. Public Library
- Community Happening