

Detroit Lakes Community and Cultural Center Pool Schedule

October 20th-October 26th, 2025

dlccc.org



Time	Mon - Oct 20								Tues - Oct 21								Wed - Oct 22								Thur - Oct 23								Fri - Oct 24								Sat - Oct 25								Sun - Oct 26								Time											
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8												
6:00-7:00a	Lap Swim								Lap Swim*								SwimFit								Lap Swim								Lap Swim*								SwimFit								Lap Swim								Pool closed								6:00-7:00a			
7:00-8:00a																																																																	Lap - 18yrs and older only			
8:00-8:30a	Adult Swim				Lap Swim				Adult Swim				Lap Swim				WaterInMotion				Lap Swim*				Adult Swim				Lap Swim				Rockin' to the Oldies				Lap Swim*				Lap	Lap Swim	Lap	Pool closed								8:00-8:30a																
8:30-9:00a	Silver Sneakers Splash								Lap Swim*								Silver Sneakers Splash								Lap Swim*								Silver Sneakers Splash								Lap Swim*											Aqua Fusion				Lap Swim				Swim Lessons				Lap Swim	Swim Lessons	8:30-9:00a		
9:00-9:30a																																																																		Aqua Fusion (until 10:30a)		
9:30-10:00a	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only											Lap Swim	Swim Lessons	9:30-10:00a														
10:00-11:00a																																																						Open								Lap Swim						
11:00-11:30a	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only								Lap Swim	Swim Lessons	11:00-11:30a																	
11:30-12:00p																																																			Open								Lap Swim								Open	
12:00-12:30p	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only																											
12:30-2:00p																																																			Open								Lap Swim								Open	
2:00-4:00p	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only																											
4:00-5:00p																																																	Open								Lap Swim								Open			
5:00-5:30p	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only																											
5:30-6:30p																																																	Open								Lap Swim								Open			
6:30-7:00p	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only																											
7:00-8:00p																																																	Open								Lap Swim								Open			
8:00-9:30p	Open								Lap Swim								Open								Lap Swim								Open				Lap				Lap - 18yrs and older only																											

Leisure Pool - Zero Entry to slide area

Time	Mon - Oct 20	Tues - Oct 21	Wed - Oct 22	Thur - Oct 23	Fri - Oct 24	Sat - Oct 25	Sun - Oct 26	Time			
6:00-7:00a	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only	Pool Closed	Pool Closed	6:00-7:00a			
7:00a-7:30a						Adults Only		7:00a-7:30a			
7:30-8:00a						Swim Lessons		7:30-8:30a			
8:00-9:30a								8:30-9:30a			
9:30-11:00a	Open until 3p	Open		Open	Open	Open	Lap - 18yrs and older only	9:30-11:00a			
11:00-11:30a								11:00-11:30a			
11:30a-12:00p		Adults Only						Adults Only	Adults Only	Open	Open
12:00-12:30p											
12:30-2:00p	Adults Only (3-4p)		Open	Swim Lessons	Open	Open					
2:00-4:00p							2:00-4:00p				
4:00-4:30p		Open					Swim Lessons	Open	Adults Only	Lap - 18yrs and older only	
4:30-5:30p											4:00-5:00p
5:30-6:30p	5:00-5:30p										
6:30-7:00p	5:30-6:30p										
7:00-8:00p	Pool Closed		Pool Closed	6:30-7:00p							
8:00-9:30p				7:00-8:00p							
	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only			8:00-9:30p			

DL Community Center Pool Information

Pool Rules

1. All posted pool rules must be followed.
2. **Children 8 and younger must be actively supervised by an adult.**
3. A shower is required before entering the pool.
4. No running.
5. Glass is not allowed in the pool area.
6. Spitting or spouting is not allowed in the pool.
7. To swim in the deep end, you must be able to swim 1 length of the pool without stopping. Lifeguards have the right to test swimmers if they feel they do not meet this
8. Diving is only allowed in the deep end of the pool.
9. Kick boards are not allowed to be used by anyone other than lap swimmers & class participants.
10. Cut off jean or other frayed shorts are not allowed in the pool.
11. Swim diapers are required for any pool patron who is not potty trained per the State Health Department.
12. No water wings or other blow up inflatable devices allowed in any of the pool area.
13. **Coast Guard approved** life jackets are allowed as long as parent is within arms' reach of the child in the pool.

Spa Rules

1. All posted spa rules must be followed.
2. No children under the age of 4 are allowed in the spa.
3. Time limited to 15 minutes at a time.
4. Pregnant women should not use the spa.
5. No swimming, floating or submerging of the head is allowed in the spa.
6. No pool toys are allowed in the spa.
7. "Sharing of seat space" is not allowed in the spa.

Waterslide Rules

1. All posted waterslide rules must be followed.
2. The waterslide is a single rider slide; you can not start at the top of the slide before the person has exited the bottom of the slide.
3. Sliders must exit the slide feet first.
4. No extra swimming or lingering is allowed in the slide landing area.
5. Sliders must know how to swim.
6. Sliders must be at least 42 inches tall to ride the slide; the front desk or lifeguards will help check this height.
7. Individuals jeopardizing the safety of themselves or another slider will lose slide privileges.
8. **No lifejackets** allowed on slide

Diving Board Rules

1. All posted diving board rules must be followed.
2. Single bounce only allowed on the diving board.
3. Forward dives, jumps, pencil dives, 1 somersault, cannon balls and belly flops allowed on the board.
4. No back dives, reverse dives or 1 ½ somersaults allowed on the board unless diver is accompanied by an approved coach.

Pool Facts

25 yds x 8 lanes

Deepest point is 12.0 ft

Pool length is 25 yds; a mile swim is 70 lengths



Aquatics Department Contact Information

Sallie Eikren, Aquatic Director/Wellness Coordinator

218.844.4221 Ext. 113 sallie@dlccc.org