

This Week in Engage November 16-27



Monday, November 16:

8:00 Walking Women: Check the Engage Facebook page. Weather permitting and if sidewalks are clear, we will walk outside so bundle up. If not, meet on the track for a lap or 10 with friends.

9:00 Silversneaker Yoga: Meet in the large fitness studio

9:30-10:30 C&C: Social Hour! Chat with friends and stay up on the latest DLCCC news.*We will have a special visit from CEO, Peter Jacobson Monday at 9:30.

12:00 Birthday Lunch: Sadly, due to the rising Covid numbers, our birthday lunch to Holiday Inn is cancelled. Please Zoom in with code: **266 158 4607** for a virtual lunchtime birthday party.



Tuesday, November 17:

10:00 Hat Making: The *Engage* program has a few new looms. Learn how to make darling knit hats with Angie Svensby. *If you have a favorite yarn, please bring it.

1:00 Hike: Bundle and meet at Dunton Locks for a beautiful winter hike.

10:00 Silversneaker Classic: Meet in the large fitness studio

1:00 Whittling: Join the Lakes Area Woodcarvers in the HAC

Wednesday, November 18:

10:00 Silversneaker Yoga: Meet in the large fitness studio

4:00 Zoom Happy Hour: We've been missing some fellow *Engagers* in person, so it's time to have a mid-week toast and catch up! Enter code: **266 158 4607**

Thursday, November 19:

10:00 Silversneaker Classic: Meet in the large fitness studio

Friday, November 20:

8:00 Water Aerobics: Rockin' to the Oldies is a fun interactive work out in the pool

11:00 Silversneaker Yoga: Meet in the large fitness studio

1:00 Hike: Meet at 26624 North Tower Road for an afternoon trail walk.



Monday, November 23:

8:00 Walking Women: Check the Engage Facebook page. Weather permitting and if sidewalks are clear, we will walk outside so bundle up. If not, meet on the track for a lap or 10 with friends.

9:00 Silversneaker Yoga: Meet in the large fitness studio

10:00 C&C: Social/Coffee hour on Zoom. The discussion of the day will be about sharing a favorite Thanksgiving from the past or sharing a family Thanksgiving tradition. Use code: **266 158 4607** to join in!

1:00 Turkey Bingo: Bingo in the HAC! Prizes will be all things turkey! Social distancing and Covid-safety measures will be in place. Cards are \$7 each, or 2 for \$10. Sign up in advance and get 3 cards for \$10!



Tuesday, November 24:

10:00 Silversneaker Classic: Meet in the large fitness studio

1:00 Hike: Bundle and meet at Dunton Locks for a beautiful winter hike.

1:00 Whittling: Join the Lakes Area Woodcarvers in the HAC

Wednesday, November 25:

10:00 Silversneaker Yoga: Meet in the large fitness studio

1:00 Book Club: Meet in the HAC to discuss "The Life We Bury" by Allen Eskens.

4:00 Happy Hour: Take a break from cooking and Zoom in for a Thanksgiving toast with code: **266 158 4607**



Thursday, November 26:

Happy Thanksgiving!

Friday, November 27:

8:00 Water Aerobics with Leslie

11:00 Silversneaker Yoga: Meet in the large fitness studio

Save the Date:

10:00-12:00 Drop in Wednesday, December 2nd Wreath Making: Use fresh greens, bows, and other accents to make a gorgeous Christmas wreath. \$15 members/\$20 non-members



Book Club:

November Book: The Life We Bury by Allen Eskens. The next Book Club meeting will be **Wednesday, November 25th** in the HAC.

Engage Box:

If you would like a puzzle, mitten or hat making supplies, books, or other resources just let me know. They can be placed in our box for drive by pick up just outside the Senior Nutrition Center door.



Engage Pop Up Shop:

Donations of new or almost new items are always welcome for our **Engage** pop up shop. Feel free to drop items off in Melia's office.

Just for Engage:

For the entire month of November, Dan's Auto on 110 Main St. W, is offering Engagers a winterizing special. Drop your car off for: 50% off an oil change, a full vehicle inspection, and 10% of all parts and labor (excluding tires). Pick up your coupon at the DLCCC front desk.

Give Back:

Each month the *Engage* program finds ways to give back to the community. There are several ways to give back this month:

- **Mittens and Hats:** We have an ongoing project of making mittens and hats for the Damien Christmas Tree. Join along in one of our making sessions, or take supplies home to make on your own.
- **Ruby's Pantry:** Volunteers are needed the second Monday every month to pack food boxes.

Giving Some Thanks:

- Shout out to Kurt and Janelle Erickson for volunteering their time and talents for a wonderful Lefse class!
- Many thanks to Pat Hochgraber for the donation of material scissors for our craft classes.
- Char Brekken for heading up the Give Back to help DL's homeless teens.
- Those who practiced, planned, and participated to make our Veteran's Day program so meaningful, including: Barb, Pat, Keith, Linda, and Robin.

At the Center:

- Please register for all **Engage** events and activities at the front desk. They will take payments and reserve your spot. Spots for fitness classes can be reserved on line or by calling the front desk.
- HAC stands for Holmes Art Cellar, located in the lower level of the DLCCC. Check out their calendar of fun art classes.
- Construction has started for the new lobby in the theater. Please enter thru the main DLCCC doors, not the theater doors for events and working out.

Local Happenings:

- Holy Rosary is taking orders for their annual cookie walk. There is an array of choices and cookies are \$6 per dozen. Please place your order by November 17th.
- Hometown Holiday Stroll at the Lakes is on November 19th, 20th, 21st, and 22nd. Specials, treats, and demonstrations in a Covid safe environment.

- The 17th Annual Holmes Art Show will be November 19th, Thursday, 4 PM to 7 PM. November 20th, Friday, 9 AM to 7 PM, November 21st, Saturday, 10 AM to 3 PM in the HAC.
- The 17th Annual Parade of Trees. View over 30 unique & creatively decorated trees. Enjoy cider & cookies. Freewill donation collected at the door, proceeds benefit community projects.

Blessings!

Melia

DLCCC Engage Coordinator

Melia@DLCCC.org

508-446-4410