

# Coming Soon to the Holmes!

## Tuesdays In The Park

June 1 - Aug. 31 at 7pm

Live music every Tuesday night at 7pm in the DL City Park Bandshell. Bring a blanket or chair to sit on. Freewill donations accepted.

- June 1 - Becker County Dixieland Authority
- June 8 - Mike Hokanson
- June 15 - Buffalo River Ramblers
- June 22 - Rhoda Habedank
- June 29 - Eric Reitan
- July 6 - Jan Severson
- July 13 - Doc & the Scrubs
- July 20 - Tim Eggebraaten
- July 27 - Generation Gap
- Aug. 3 - Ulen Centennial Band
- Aug. 10 - Doc & the Scrubs
- Aug. 17 - DeMasi Brothers
- Aug. 24 - Mark Fogelson
- Aug. 31 - Becker County Dixieland Authority



Come early for Picnic in the Park - a fundraiser for Fuller Center for Housing. Starts at 5:30pm

DL Noon Rotary's

## Trucks AND Tunes

JOIN US THURSDAY EVENINGS for

## Live Music AND Food Trucks

in the DL City Park Bandshell

5 - 8pm Free Admission

- June 17 - Jessica Vines Band
- July 1 - Cropdusters Country Bluegrass Blowout
- July 22 - Moody River Band
- July 29 - Matt Aakre
- Aug. 12 - Pat Lenertz Band
- Aug. 26 - Tim Eggebraaten & Friends



HISTORIC HOLMES  
THEATRE

## Art for the Sages Painting Course for Seniors

Artist Anna Lassonde of Jollybird Studio is offering a free summer acrylics course for seniors! Only 15 spots available and all supplies are included. Course dates are the Wednesdays of June 9 & 23, July 14 & 28, Aug. 11 & 25, and Sept. 8 & 22 at 9:30am in the Art Cellar. More info available at DLCCC.org or 218-844-7469.

Course is Free • Limited to 15 artists

## THE HEARTSHAKERS A TOM PETTY EXPERIENCE



WEDNESDAY, JULY 14

7:30pm at the Holmes - \$30 ticket

The Heartshakers are Nashville's premier Tom Petty Tribute. They have brought their love of Tom Petty's music and put together the best tribute band that could be assembled!

## Art Exhibit UNITY IN ART



Unity in Art is a reflection of the ties humanity forms and how they keep the world in constant forward motion, especially in times of change. The exhibition is a multifaceted olfactory, visual, and auditory experience created through the collaborative spirits and efforts of young local artists Hannah Alley and Frederick Robin.

Exhibit is free and open to the public!

DLCCC.org • 218-844-7469

DLCCC  
DETROIT LAKES COMMUNITY & CULTURAL CENTER



# ENGAGE EXTRA

## ENGAGE JUNE NEWSLETTER

*It is a privilege and an honor to plan fun, meaningful events for the Engage program! I hope there is something on the calendar this month that will encourage you to try something new, whether it be a fitness class, zip lining, or joining in on a dining experience.*

*New this month: every month a different Engager will be spotlighted in the newsletter. This gives an opportunity to learn more about each other and provide a more caring and intimate environment for Engage.*

*Please keep us informed if you will be gone for a length of time, have a surgery, or another need. The Engage program is here to help. We notice when you are not with us and we miss you!*

Blessings,

Melia

DLCCC Engage Coordinator

Melia@DLCCC.org

## New Outdoor Events Punch Card

Are you NOT a member of the DLCCC, but enjoy attending bike rides, hikes, outdoor yoga, etc.? Your first class is complimentary, but after that there is a new punch card option. \$50 will get 10 punches to be used for an array outdoor classes. Stop at the front desk for more information and to purchase a punch card.

**GOED: Go Outside Every Day!**

## Memorial Day

Although there are no scheduled fitness classes, Engage activities are still happening! Start the day off with a group walk through Oak Grove Cemetery at **8:15 am**. The cemetery will be all decked out with hundreds of flags. Then head over to the Center for C&C from **9:30-11:00 am**. A lively game of Hand and Foot will start at **10:45 am** to finish out the morning.



## Calendar of Events

Activities listed on the monthly calendar in **BOLD** are specific Engage events. The others are local activities that may be of interest to Engagers.

Check the **DLCCC Engage** Facebook page for updates.



### Crumcake and Coffee (C&C)

Are you wondering about the best way to get involved in the Engage program? Come down to the HAC on Monday mornings between 9:30 am-11:00 am to have a cup of coffee, socialize with others, and hear about all the upcoming events.

### Golf Encounter

Lake View is teaming up with Engage to offer a special golf outing..

**Tuesday, June 22nd at 4:00 pm** is

set aside for Engage. Pros will work with individuals on the putting green and driving range. This event is for those who have never held a golf club before AND for seasoned golfers who would like a few tips. Spend an hour practicing and then move over to the clubhouse for a drink and appetizer.

**Cost: \$15 member/\$20 non-member**



### Kayaking Adventure

Are you an expert kayaker? Have you never tried it, but would like to? This adventure is for both the experienced and newbie

kayaker! Meet at Dunton Locks on **Tuesday, June 8th at 10:30 am**. Sign up at the front desk. If you need a kayak, the Friendshuh family has you covered! They will haul and loan their kayaks for no charge. (A small donation/tip for gas is greatly appreciated.) If you have a kayak, but need help hauling it, contact Melia. Pack a sack lunch for a picnic break.



### Games

#### Hand and Foot

This fun and fast paced card game is offered **every Monday at 10:45 am** in the HAC.

Don't know how to play? It's easy and we'll gladly teach you! Winners earn Engage dollars to spend in the Pop-up Shop.

#### Mahjong



This fun and challenging tile game is on the calendar every week!

Come down to the HAC at **1:00 on Thursday afternoons** to play.

#### Learn to Play Mahjong

Do you want to learn how to play one of the fastest growing games in the world? If you have an interest in lessons, sign up at the front desk. The first learn to play session will be on **Wednesdays June 9th and 23rd at 1:00 pm** in the HAC. Cost is \$10 for two one-hour lessons, and then you can integrate into the regular games. Sign up at the front desk.

#### Bingo

Bingo is offered **every Friday in the park at noon**. Support local businesses by getting a delicious lunch from a food truck and then come to the Engage shelter for some bingo. Cards are \$1.00 each. No advanced sign up is required. Bring a friend!

#### Whittling

Do you enjoy woodworking and fellowship? Drop in **Tuesdays from 1:00-4:00 pm** in the HAC with your whittling project.

## Upcoming Engage Coach Trips:



**The Olander coach is rolling in 2021! Sign up to reserve your spot today!**

**\*Signing up is easier than ever! Go to the DLCCC.org website under Engage to sign up for coach trips, or the front desk.**

**Wednesday, August 11<sup>th</sup>: MN Twins vs. Chicago White Sox.** What better way to enjoy a Twins game than in person! Enjoy a hassle free day and make some memories with your kids and grandkids on this intergenerational event. Climb aboard the Olander premium coach at 6:30 am at the DLCCC, enjoy a quick coffee stop in Clearwater, and then arrive in plenty of time for a noon game against the Dodgers. The seats are in section 125 undercover for shade or rain protection. Cost is \$75 for members/\$90 for non-members if registered by July 1<sup>st</sup>. Tickets after July 1<sup>st</sup> are \$85/\$100. Registration deadline is July 20<sup>th</sup> with no refunds after that date. Trip includes coach and ticket to the game.

**Friday, September 3<sup>rd</sup>: All things MN at the MN State Fair!** Enjoy an intergenerational day exploring everything the state fair has to offer! The luxurious Olander coach will be leaving the DLCCC at 6:30 am with a quick coffee stop in Clearwater. The rest of the day will be free to take in shows, booths, and let's not forget all the food on a stick you can eat! The coach will return to the DLCCC at @10 pm. Register by August 1<sup>st</sup> and pay only \$55 for members/\$70 for non-members. Register after August 1<sup>st</sup> and tickets are \$65/\$80. No refunds after August 15<sup>th</sup>.

**Wednesday, September 22<sup>nd</sup>: The classic "Music Man"** musical is a must see on the live stage at the Chanhassen Dinner Theater! Coach leaves at 6:30 am from the DLCCC. Enjoy a quick stop in Clearwater for coffee and a world famous roll. Then arrive at the Chanhassen for a gourmet lunch and professional show. Return home in the evening after a quick stop for a snack or light meal Parkers Prairie. Register by August 25<sup>th</sup>. No Refunds after August 20<sup>th</sup>. Register by July 15<sup>th</sup> and pay the early bird price of \$95 members/\$115 non-members. After July 15<sup>th</sup> pay \$105/\$130.

**Sadly, a press release came out announcing that the Hochfest is canceled for this year.**

**Olander Coach is offering other tours. They will give a discount to all Engage members. Log on to Olanderbus.com to learn more.**



### Spotlighting

#### Doug Friendshuh



Doug is originally from the Albertville area, but has lived in DL for the better part of 50 years. He has been married to Robin for 50 years and together they have 3 kids and 10 grandchildren. Doug loves nature and any outdoor activities, including hiking, hunting, and just plain old working. His favorite activities in the Engage program include: Rockin' to the Oldies in the pool, volunteering with the various "Give Back" programs, kayaking, and anything that involves food! He loves ice cream, especially cherry chocolate chunk, but hates hash and his mother's left overs. Doug loves people and will strike up a conversation with just about anyone, but prefers one on one over large groups. Be sure and say hi to Doug the next time you see him splashing in the pool or eating a donut at C&C!

### Local Resources



Becker County Senior Coordinator at  
MAHUBE-OTWA

Lisa Stroschein is a licensed social worker serving as the Becker County Senior Coordinator at MAHUBE-OTWA based in the Detroit Lakes office. Her role is to be a resource for Senior Citizens in the community, coordinate with other agencies serving the senior population and a local contact for the Senior Linkage Line. She can help with Medicare questions, Medicare enrollment, other State programs like Medical Assistance and referrals to other agencies, while encouraging independence and empowering people to make the right decisions for themselves. She's happy to explain programs and opportunities within Becker County. Please feel free to call 218-847-1385 or reach out to her by email at [lstroschein@mahube.org](mailto:lstroschein@mahube.org)

### Local Happenings

**Wednesday, June 2:** Dancing Sky is holding a Zoom time with Pharmacists to answer vaccine questions. Call: 218-745-9119 for more info.

**Monday, June 14: Ruby's Pantry:** 3:30 pm to volunteer with Engage, 5:00 pm to pick up a share of food for \$20. This event is located in the old Sears building near the Boys and Girls Club Thrift store.

**Medication Management Project:** Call 218-736-8199 for a free apt. with a pharmacist to discuss your meds

### Meals on Wheels



The nutrition center cooks and delivers meals 5 days a week. This is a valuable resource if you are recovering from surgery or have a hard time going out. Call: 218-847-5823 to register for meals today or to volunteer to help deliver meals to those in need. The Meals on Wheels program is currently in need of substitute delivery drivers, cooks, and bakers. Please see Deanne in the Meals on Wheels office if interested.

### Bike Ride



Meet at the Holiday Inn parking lot with your bike at **3:00 pm on Monday, June 21st**. Enjoy an easy bike ride on the newly paved trail and then end back at the Holiday Inn for the Early Bird Supper.

### Outdoor Adventure

Tracy and Melia team up every **Wednesday morning at 8:00 am** to offer an outdoor adventure. These include hikes, walks, and bike rides for the more experienced athlete. During the summer months, most weeks will be a bike ride. Check DLCCC.org for the weekly meeting place.



### Rockin' to the Oldies



Join Melia in the pool every **Friday at 8:00 am** for a splashin' good time rockin' out to all the top hits of the 50's and 60's! There will be no more waitlists and people turned away, but the administration still requests that everyone go online to reserve a spot. If help is needed signing in, please see the front desk.

### Walking Women



We are outside for the summer months! Bring water and dress for the elements!

Two-drop in options are available every week!

Meet at **Oak Grove Cemetery** for a brisk walk together every **Monday morning at 8:15 am** and then warm up with a cup of coffee during C&C in the HAC.

Meet at the front desk every **Thursday at 10:00 am** for a walk around town.

### Pontoon Rides

Let's Go Fishing non-profit is back for the summer of 2021 offering free pontoon rides and fishing excursions to the Engage group! Sign up at the front desk to reserve a spot. The first trip is **Wednesday, June 2nd at 10:00 am**. This trip has a fishing option. The second ride is **Tuesday, June 15th at 1:00 pm** and is just a scenic pontoon ride. Both rides meet at the Big Detroit South Lake Access and are @2 hours long.





### Coffee Date

Meet at Gathering Grounds in Perham for a coffee date with friends at **11:00 am on Thursday, June 10th**. Make a day of it and visit some local boutiques while there!

\*Gathering Grounds is located at 134 1st Ave South, Perham

### Zip lining Adventure



Check another item off your bucket list and sign up for a great adventuresome day! The Engage group is going ZIPLINING! The event is **Wednesday, June 16th** at Brainerd Zipline. Meet at DLCCC parking lot for a **10:30 am** departure time, carpooling is available. The first stop will be lunch at the Sunshine Summer House and then on to the Brainerd Ziplining Tour! Experience a 2.5 hour guided Zip Line Tour that consists of 7 zip lines, a suspended sky bridge, and an optional 50-foot free fall jump!

Sign up at the front desk to secure your spot ASAP!

**\*Participants must wear close toed shoes.**

**Cost: \$80 Member/\$100 non-member**

### What's that Buzz?

Dotz Johnson, a hobby bee keeper, will share some photos and experiences working with this most fascinating insect. Come down to the HAC at **11:00 am on Tuesday, June 29th** to learn more!

Reserve a spot at the front desk.



### Book Club

Book Club meets the last Thursday of the month at **1:00 pm** in the HAC.

**Upcoming Books:**

**June: A Tree Grows in Brooklyn by Betty Smith**

**The next Book Club Meeting is Thursday, June 24th at 1:00 pm in the HAC**

### Poker



Several people have expressed an interest in getting a regular poker game going.

The magic question is WHEN? We need a minimum of four people. If you are interested in playing, please email [Melia@dlccc.org](mailto:Melia@dlccc.org) so we can find a time that works for all.

A large piece of felt has been purchased, but a seamstress is needed to add some elastic to turn it into a table covering. The cost of supplies will be reimbursed. If willing to volunteer time and talents to sew, please contact Melia.

### Kickin' it in Gear

Dedicate one hour every **Tuesday at noon** to get back on track with nutrition, exercise, and overall healthy living. Set goals, get motivated, receive tips and advice, and move together each week. The program runs the whole month of June. Register online or at the front desk. Contact Nancy Hebert with questions at: 218-844-4221 ext. 111 or [nancy@dlccc.org](mailto:nancy@dlccc.org)

### Pop-up Shop

Our resources are dwindling. Do you have some new or gently used items that you will never use? Consider donating them for the Engage Pop-up Shop. Your trash could be someone else's treasure!

The next Pop-up Shop will be **Monday, June 7th from 9:30 am-12:00 pm.**

### Birthday Lunch



Enjoy a lunch outside on the deck at Longbridge on **Monday, June 14th at 11:45 am**. Celebrate all the June birthdays and enjoy good food, fun, and fellowship with other Engagers.

### Salad Luncheon



### Annual Salad Luncheon

It's June and that means it's time for the fourth annual salad luncheon at Melia's home on Pearl Lake! Bring a favorite fruit, vegetable, or dessert salad to share on **Wednesday, June 30th at 11:30 am.**

13428 Pearl Lake Drive, Detroit Lakes

### Early Bird Supper

Dine outside looking over Detroit Lake at the Holiday Inn on **Monday, June 21st at 5:00 pm**. Monday nights are buy one get one burger nights!



### Passport Around the World



**"Flavors of Poland, a country in Eastern Europe."** Come and learn about it's history, culture, and food on **Thursday, June 17th at 11:00 am** in the HAC.

**Papua New Guinea** through the eyes of Emily Roberts while on a Teen Missions International summer trip, **Friday, June 25th at 10:30 am.**

**Cost: \$3 members/\$5 non-member**

### THANK YOU!

The Engage program has such wonderful participants and volunteers! The "Give Back" for May was to bless and appreciate teachers at Rossman Elementary after a tough year. Check out the spread provided...by you!



There were also many volunteers who participated in food distributions: Ruby's Pantry, Farm to Family, and UCARE goodie bags! Engage is a blessing to this community! Keep up the great work!

