

Detroit Lakes Community and Cultural Center Pool Schedule

January 22nd-January 28th, 2024

dlccc.org



Lap Pool - 8 Lanes - Lane 1: by waterslide; Lane 8: by diving board

Time	Monday - Jan 22								Tuesday - Jan 23								Wednesday - Jan 24								Thursday - Jan 25								Friday - Jan 26								Saturday - Jan 27								Sunday - Jan 28								Time																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
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Leisure Pool - Zero Entry to slide area

Time	Monday - Jan 22	Tuesday - Jan 23	Wednesday - Jan 24	Thursday - Jan 25	Friday - Jan 26		Saturday -Jan 27	Sunday - Jan 28	Time
6:00-7:00a	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only		Pool Closed	Pool Closed	6:00-7:00a
7:00a-7:30a							Adults Only		7:00a-7:30a
7:30-8:00a									7:30-8:30a
8:00-9:00a									8:30-9:00a
9:00-11:00a	Open	Open	Open	Open	Open	Swim Lessons	Swim lessons	9:00-10:00a	
11:00-11:30a	Adults Only (11-11:30am)	Adults Only (11-11:30am)	Adults Only (11-11:30am)	Adults Only (11-11:30am)	Adults Only (11-11:30am)		Pool Closed for Sunfish Invite	Lap - 18yrs and older only	10:00-11:00a
11:30a-12:00p	Open	Open	Open	Open	Open	Open		Open	11:00a-12:00p
12:00-12:30p									12:00-12:30p
12:30-2:00p									12:30-2:00p
2:00-4:00p									2:00-4:00p
4:00-4:30p	Open	Swim Lessons	Open	Swim Lessons	Open		Pool Closed	Lap - 18yrs and older only	4:00-5:00p
4:30-5:30p								5:00-5:30p	
5:30-6:30p								5:30-6:30p	
6:30-7:00p								6:30-7:00p	
7:00-8:00p	Adults Only	Adults Only	Adults Only	Adults Only	Adults Only			Pool Closed	7:00-8:00p
8:00-8:30p							8:00-8:30p		

DL Community Center Pool Information

Pool Rules

1. All posted pool rules must be followed.
2. **Children 8 and younger must be actively supervised by an adult.**
3. A shower is required before entering the pool.
4. No running.
5. Glass is not allowed in the pool area.
6. Spitting or spouting is not allowed in the pool.
7. To swim in the deep end, you must be able to swim 1 length of the pool without stopping. Lifeguards have the right to test swimmers if they feel they do not meet this.
8. Diving is only allowed in the deep end of the pool.
9. Kick boards are not allowed to be used by anyone other than lap swimmers & class participants.
10. Cut off jean or other frayed shorts are not allowed in the pool.
11. Swim diapers are required for any pool patron who is not potty trained per the State Health Department.
12. No water wings or other blow up inflatable devices allowed in any of the pool area.
13. **Coast Guard approved** life jackets are allowed as long as parent is within arms' reach of the child in the pool.

Spa Rules

1. All posted spa rules must be followed.
2. No children under the age of 4 are allowed in the spa.
3. Time limited to 15 minutes at a time.
4. Pregnant women should not use the spa.
5. No swimming, floating or submerging of the head is allowed in the spa.
6. No pool toys are allowed in the spa.
7. "Sharing of seat space" is not allowed in the spa.

Waterslide Rules

1. All posted waterslide rules must be followed.
2. The waterslide is a single rider slide; you can not start at the top of the slide before the person has exited the bottom of the slide.
3. Sliders must exit the slide feet first.
4. No extra swimming or lingering is allowed in the slide landing area.
5. Sliders must know how to swim.
6. Sliders must be at least 42 inches tall to ride the slide; the front desk or lifeguards will help check this height.
7. Individuals jeopardizing the safety of themselves or another slider will lose slide privileges.
8. **No lifejackets** allowed on slide

Diving Board Rules

1. All posted diving board rules must be followed.
2. Single bounce only allowed on the diving board.
3. Forward dives, jumps, pencil dives, 1 somersault, cannon balls and belly flops allowed on the board.
4. No back dives, reverse dives or 1 ½ somersaults allowed on the board unless diver is accompanied by an approved coach.

Pool Facts

25 yds x 8 lanes

Deepest point is 12.0 ft

Pool length is 25 yds; a mile swim is 70 lengths



Aquatics Department Contact Information

Sallie Eikren, Aquatic Director/Wellness Coordinator

218.844.4221 Ext. 113 sallie@dlccc.org